

**Hearing enhancement devices are available in the sanctuary in the lobby.*

**Walkers and canes are also available in the Sanctuary Lobby.*

Welcome/Announcements

Prelude

O Jesus, King Most Wonderful
arr. John Leavitt

Call to worship:

Call: O hear, you worshippers, be the imitators of God, as beloved children.

Response: We seek to find ourselves in Christ, to live in love as Christ loved us.

Call: O hear, you worshippers, clothe yourselves with the new self, created according to the likeness of God in true righteousness.

Response: Help us in the estrangement from self, to connect to our true identity in you, O God.

Opening Hymn

The Summons

TFWS 2130

Children's Moment

Morning Prayer

We will conclude this prayer by reciting "The Lord's Prayer." If you are unfamiliar with this prayer, you are invited to follow along up on the screens.

First scripture

Ephesians 4: 11-24

Offertory Prayer

Offertory

Behold the Lamb
arr. Douglas Noland

Doxology (please stand as you are comfortable)

UMH 95

Final Scripture Reading

Ephesians 4: 25-5:2

Message

Estrangement from Self
Rev. Matt Bridges

Communion

Closing Hymn (please stand as you are comfortable)

Come, Sinners, to the Gospel Feast, verses 1 and 5

UMH 616

Benediction

Postlude

Blessed Assurance
arr. J. Bert Carlson

Reflection Questions

-Is there a time in your life when you felt you "abandoned" yourself, that you abandoned who God created you to be?

-What are the warning signs for you that you are experiencing estrangement from yourself?

In The Life of St. Johns

St. John's UMC Foundation Grants

first grant cycle of the 2026 application process for projects and programs opens for applications on Sunday, March 1, 2026. The deadline for receipt of applications is Tuesday, March 31 at 5:00 pm. Projects and programs must support specific ministry areas of St. John's UMC. Grants may be awarded in the following areas:

Program and Education

Property

Operations

Outreach and Missions

More specific information on the application process is coming soon, but now is the time to pull together your thoughts for projects in any of the four areas listed above.

Beginning March 1, 2026, grant applications will be available via a link on the weekly e-news and the church website. Hard copies will be available during Sunday worship in the sanctuary lobby and from Kim Rael in the church office between 8:00 am and 2:00 pm.

Faith Coalition Updates and Donations

Your Faith Coalition collections team is asking for donations this quarter to Adelante, (water color sets, one inch 3-ring binders and 19" backpacks for mid/high students), and for Reading Quest, (stuffed animals, children's toys & games, and graphic books for early teens). There are bins for donations by the reception desk and in the sanctuary lobby. All donations go to assist Immigrant families.

Finding Your Fit With St. John's

There are many ways you can get plugged into your church home. After filling this out, please detach and place it in an offering plate and you will be contacted to get plugged in! With St. John's, it's not "if" you fit, but "how."

Name: _____

Email: _____

Phone: _____

What kinds of skills and gifts would you like to share with us?

What is your passion?

Put a Checkmark below next to some of the areas you are interested learning more about.

- Worship: Music, A/V support, Setup, Worship Arts
- Congregational Care/Visitation
- Small Groups
- Communications: Enews, Facebook
- Office Volunteer: Various office duties
- Outreach/Missions: local, regional, international
- Bag 'N Hand Food Pantry

This Week In The Life of St. John's

Mon. Mar. 2, 2026

12:00 pm Narcotics Anonymous, Parlor
6:00 pm Pickleball, Fellowship Hall

Tues. Mar. 3, 2026

8:00 am-12:30 pm Bag N' Hand Food Pantry (volunteer times)
12:00 pm Narcotics Anonymous, Parlor
3:00 pm Zia Singers Choir Rehearsal, Gathering Room
4:00 pm-6:30pm Bag N' Hand Food Pantry (volunteer times)
6:00 pm Alcoholics' Anonymous, Men and Women Group, Parlor
6:00 pm Adult Children of Alcoholics, Bell Room
7:00 pm Narcotics Anonymous, Fellowship Hall

Wed. Mar. 4, 2026

12:00 pm Soul Break, Sanctuary
12:00 pm Narcotics Anonymous, Parlor
1:00 pm Women's Book Study
6:00 pm Bell Choir Rehearsal, Bell Room
7:00 pm Chancel Choir, Choir Room

Thurs. Mar. 5, 2026

12:00 pm Narcotics Anonymous, Parlor
6:00 pm AA Men's Group, Parlor
6:00 pm Adult Children of Alcoholics, Library
6:00 pm ALANON Women's Group, Bell Room
6:00 pm Spirit Folx, Chapel

Fri. Mar. 6, 2026

9:00 am AA Parlor
12:00 pm Narcotics Anonymous, Parlor

Sat. Mar. 7, 2026

Sun. Mar. 08, 2026

9:30 am Morning Worship
10:30 am Morning Fellowship Time, Chapel
10:45 am Sunday School
Nephesh adult class: Choir Room.
Sunday Seminar adult class: Bell Room
Community adult class: Parlor
2:00 pm Scout Troop 53 Meeting, Fellowship Hall

March 1, 2026

Lent Week 2 Estrangement From Self

